



# INNER COACHING

## Open Letter to my Future Clients

I help bright, talented people have no regrets in life by being able to have meaningful conversations, and shine their light in the world.

To be authentic and real, to be open and tell the truth, to ask for help, even say no and speak up for ourselves, and be able to confront (and handle being confronted) when needed, are conversations that many of us find challenging and difficult.

We need to be brave enough to take risks and trust enough to feel vulnerable, in order to achieve greater clarity and honesty.

And it's this authenticity and courage that makes us shine.

These real conversations are the ones that move things forward in relationships, that cause growth and improvement, and which are the ones that ultimately matter. In business and in life.

It is through relationship that we learn more about ourselves – what we are capable of, where we fall short and hide our light, and where we shine. And it is working with and through others that we get to contribute to the world, and express our inner potential in our bright way.

It doesn't have to be so hard to have these conversations that count. Or to find direction in your life and your exciting way of shining and contributing your light to the world.

What if you could have someone help you work it all out? And assist you to improve your communication skills and develop more fulfilling relationships? And thereby reach more of your potential? To help you shine?

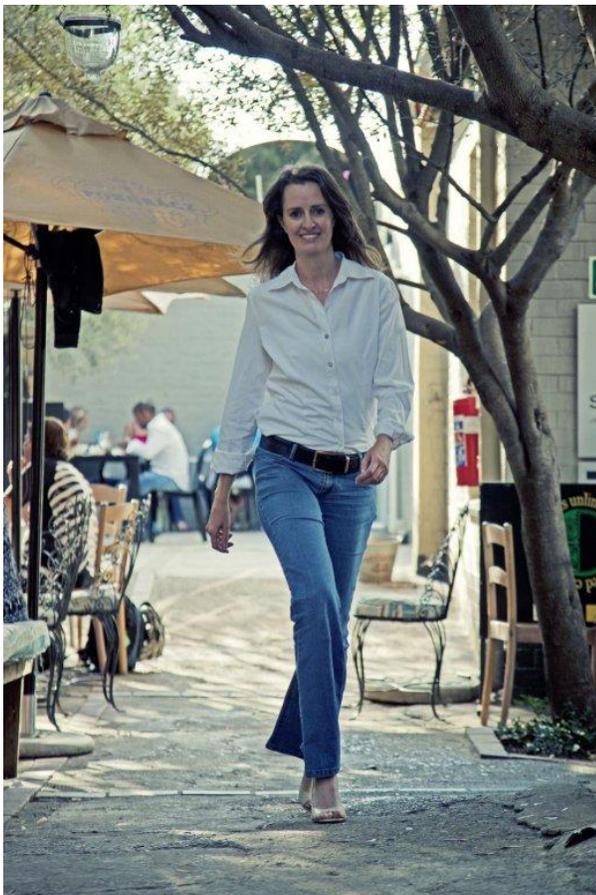


When you hire a coach, you have just such an ally at your side. Someone who is skilled at facilitating change and helping you find strategies that work for you. I will help you to express yourself more authentically, and with strength, so that you can be more of who you are. So you can add your value and contribution to your work and home life, and share your light with the world.

I will hold you accountable, challenge you if needed, train you to improve your communication skills, and encourage you too to make the changes needed. I will partner with you as your personal shine coach.

But note that although it is an exciting and rewarding journey, it may not be easy. The real conversations will start with us. We'll be having the talks that count. And it will be through our relationship that you will get to know yourself even more, and experience what it is like to shine from the inside out.

You'll get to step out of your life for a while to reflect on it, and then go back with new insights and decisions, taking the actions that will make the difference; using your life as the place you integrate the changes.



Although I'll be encouraging, coaching with me is not about ego stroking, playing it safe or small. And this work does not happen to you. You need to fully engage with the process to get the results. And to that end, I only work with clients who are serious about making changes and are ready for coaching with me.

I show up fully in the coaching, and I expect you to as well.

If I'm the right coach for you, and you're willing to do whatever it takes to shine, I promise that you will create the changes you want and need, and enjoy a more awesome, exciting, radiant life, benefitting from many meaningful conversations, the ones that count!

Book a Ready To Shine Session with me to see if I am the right Coach for you.

Till then, be real!  
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