



ACCOUNTABILITY

Courage Coaching

About

Accountability means being answerable to someone or something.

Sometimes when we are working on our goals, we benefit from having an Accountability Partner.

This is someone who checks in with us on a regular basis to hear how we are doing with reaching our goals:

- What have we done?
- Are we making progress?
- What are the next steps?

This Programme

Choose Telana as your Accountability partner, & meet on zoom for monthly private Coaching Sessions for 30 minutes, to:

- Hold you accountable to reaching your goals for the year or for a specific project.
- Check-in with what you've done to date.
- Help to identify the next steps.
- Measure your progress.
- Share useful resources & training as needed.
- Keep you focused and inspired!

Benefits

- Get clear on what you want to achieve in 2024.
- Take proactive, well thought out steps each month towards your goals.
- Individual attention on your growth.
- Session content tailored to your needs.
- Online sessions to fit more easily into your busy schedule.
- Stay motivated, feel inspired, & achieve more this next year!

Sign up now

Contact Telana to discuss if this is the right option for you.

Investment: R560pm or R6200 upfront for the year (12 sessions).

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